



## 72. Österr. Staats- und Juniorenmeisterschaften

13.07.-16.07.2017



### Fortsetzung Bewerb 1 - 400m Lagen Damen

#### Damen, Pflichtzeit: 05:34,29

4.	Pammer, Cornelia	2000	AUT	1.	USC Traun	05:09,53	+19.06	652
RT +0.79 50m: 00:33,41, 100m: 01:12,18 (00:38,77), 150m: 01:51,16 (00:38,98), 200m: 02:29,46 (00:38,30) 250m: 03:14,52 (00:45,06), 300m: 03:59,03 (00:44,51), 350m: 04:36,05 (00:37,02), 400m: 05:09,53 (00:33,48)								

#### Junioren

2.	Pammer, Cornelia	2000	AUT	1.	USC Traun	05:09,53	+08.15	652
RT +0.79 50m: 00:33,41, 100m: 01:12,18 (00:38,77), 150m: 01:51,16 (00:38,98), 200m: 02:29,46 (00:38,30) 250m: 03:14,52 (00:45,06), 300m: 03:59,03 (00:44,51), 350m: 04:36,05 (00:37,02), 400m: 05:09,53 (00:33,48)								

#### --- 2. Abschnitt ---

### Fortsetzung Bewerb 6 - 50m Freistil Damen

#### Damen, Pflichtzeit: 00:30,69

4.	Pammer, Cornelia	2000	AUT	1.	USC Traun	00:27,12	Q +00.85	669
RT +0.80								

#### Junioren

2.	Pammer, Cornelia	2000	AUT	1.	USC Traun	00:27,12	Q +00.10	669
RT +0.80								

### Fortsetzung Bewerb 12 - 400m Freistil Damen

#### Damen, Pflichtzeit: 05:04,39

4.	Pammer, Cornelia	2000	AUT	1.	USC Traun	04:30,33	Q +05.90	685
RT +0.76 50m: 00:31,13, 100m: 01:04,85 (00:33,72), 150m: 01:39,41 (00:34,56), 200m: 02:13,89 (00:34,48) 250m: 02:48,71 (00:34,82), 300m: 03:23,50 (00:34,79), 350m: 03:57,37 (00:33,87), 400m: 04:30,33 (00:32,96)								

#### Junioren

4.	Pammer, Cornelia	2000	AUT	1.	USC Traun	04:30,33	Q +05.90	685
RT +0.76 50m: 00:31,13, 100m: 01:04,85 (00:33,72), 150m: 01:39,41 (00:34,56), 200m: 02:13,89 (00:34,48) 250m: 02:48,71 (00:34,82), 300m: 03:23,50 (00:34,79), 350m: 03:57,37 (00:33,87), 400m: 04:30,33 (00:32,96)								

#### --- 3. Abschnitt ---

### Fortsetzung Bewerb 17 - 50m Freistil Damen A-Finale

#### Damen

4.	Pammer, Cornelia	2000	AUT	1.	USC Traun	00:26,95	+01.26	682
RT +0.78								



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13.07.-16.07.2017



## Fortsetzung Bewerb 23 - 400m Freistil Damen A-Finale

### Damen

4.	Pammer, Cornelia	2000	AUT	1. USC Traun	04:31,28	+09.86	678
RT +0.79 50m: 00:30,72, 100m: 01:04,73 (00:34,01), 150m: 01:38,50 (00:33,77), 200m: 02:12,48 (00:33,98) 250m: 02:47,45 (00:34,97), 300m: 03:22,13 (00:34,68), 350m: 03:56,64 (00:34,51), 400m: 04:31,28 (00:34,64)							

--- 4. Abschnitt ---

## Fortsetzung Bewerb 31 - 200m Freistil Damen

### Damen, Pflichtzeit: 02:24,39

2.	Pammer, Cornelia	2000	AUT	1. USC Traun	02:06,21	Q +00.71	717
RT +0.78 50m: 00:29,18, 100m: 01:00,36 (00:31,18), 150m: 01:32,83 (00:32,47), 200m: 02:06,21 (00:33,38)							

### Junioren

1.	Pammer, Cornelia	2000	AUT	1. USC Traun	02:06,21	Q	717
RT +0.78 50m: 00:29,18, 100m: 01:00,36 (00:31,18), 150m: 01:32,83 (00:32,47), 200m: 02:06,21 (00:33,38)							

--- 5. Abschnitt ---

## Bewerb 43 - 200m Freistil Damen A-Finale

ÖR	17.04.2015	Zaiser, Lisa	AUT	01:58.53	Graz-Eggenberg (AUT)
ÖJR	15.12.2016	Kukla, Julia	AUT	02:01.02	Gyor (HUN)

### Damen

1.	Pammer, Cornelia	2000	AUT	1. USC Traun	02:03,67	762
RT +0.77 50m: 00:29,17, 100m: 01:00,81 (00:31,64), 150m: 01:32,97 (00:32,16), 200m: 02:03,67 (00:30,70)						

--- 6. Abschnitt ---

## Fortsetzung Bewerb 53 - 50m Rücken Damen

### Damen, Pflichtzeit: 00:34,79

3.	Pammer, Cornelia	2000	AUT	1. USC Traun	00:31,25	Q +00.73	649
RT +0.76							

### Junioren

2.	Pammer, Cornelia	2000	AUT	1. USC Traun	00:31,25	Q +00.73	649
RT +0.76							



# 72. Österr. Staats- und Juniorenmeisterschaften

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## Fortsetzung Bewerb 59 - 200m Lagen Damen

### Damen, Pflichtzeit: 02:43,79

2. Pammer, Cornelia	2000	AUT	1. USC Traun	02:20,74	Q +00.27	719
RT +0.76 50m: 00:30,66, 100m: 01:06,66 (00:36,00), 150m: 01:48,03 (00:41,37), 200m: 02:20,74 (00:32,71)						

### Junioren

2. Pammer, Cornelia	2000	AUT	1. USC Traun	02:20,74	Q +00.27	719
RT +0.76 50m: 00:30,66, 100m: 01:06,66 (00:36,00), 150m: 01:48,03 (00:41,37), 200m: 02:20,74 (00:32,71)						

### --- 7. Abschnitt ---

## Fortsetzung Bewerb 65 - 50m Rücken Damen A-Finale

### Damen

3. Pammer, Cornelia	2000	AUT	1. USC Traun	00:30,86	+00.53	674
RT +0.76						

## Bewerb 71 - 200m Lagen Damen A-Finale

ÖR	06.04.2014	Zaiser, Lisa	AUT	02:12.09	Graz-Eggenberg (AUT)
ÖJR	04.03.2012	Zaiser, Lisa	AUT	02:14.09	Graz (AUT)

### Damen

1. Pammer, Cornelia	2000	AUT	1. USC Traun	02:18,28	758
RT +0.72 50m: 00:30,38, 100m: 01:06,47 (00:36,09), 150m: 01:47,23 (00:40,76), 200m: 02:18,28 (00:31,05)					

